

**RINGGOLD SCHOOL DISTRICT**  
**STUDENT BREAKFAST & LUNCH DISTRIBUTION**

The USDA has issued a waiver allowing Ringgold School District to provide FREE breakfast and lunch to all children. Students participating in Option 1 will receive breakfast and lunch for FREE at school. All other children can pick up meals from the security desk at the locations listed below. All locations will be open for meal pick up on MONDAY and THURSDAY from 10:30 a.m. – 12:30 p.m. Distribution on Mondays will include breakfast for 3 days and a cold packed lunch for 3 days. Thursday's distribution will include breakfast for 2 days and cold packed lunch for 2 days.

- Ringgold Elementary School North
- Ringgold Elementary School South
- Ringgold Middle School

All students requesting school provided meals must completed the Request Form by clicking [here](#). The request form must be completed for each child that is requesting meals and before each pick up date.

Meals are FREE for all children age 18 or younger. Families do not need to qualify for free or reduced meals to participate in this program.

With USDA flexibilities, children do not need to be present; parents may pick up the meals for their children. To keep the integrity and intent of the program in place, please visit only one (1) site per day. This information is subject to change. Please check the Ringgold website for updates and new information regarding the continuation of meal distribution. For any questions, please contact the Food Service Department: [apounds@ringgold.org](mailto:apounds@ringgold.org) or [bagostinelli@avifoodsystems.com](mailto:bagostinelli@avifoodsystems.com).

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