

## Please do NOT Send Your Child to School When He/She is Not Feeling Well

*The health of a student affects his/her ability to learn. Children, no matter what age, need a good night's sleep and a good breakfast to help them do their best in school each and every day.*

*Children who are healthy have the ability to learn more than a child who is not feeling well. To protect your child and prevent the spread of illness to other classmates, **PLEASE DO NOT SEND YOUR CHILD TO SCHOOL** if they are experiencing any of the following symptoms **within 24 hours of the start of school**:*

- *Vomiting or diarrhea*
- *Temperature of 100 degrees or higher*
- *Continuous coughing or sneezing*
- *Unexplained and/or contagious rash*
- *Thick dark yellow or yellow-greenish drainage from the nose*
- *Yellowish drainage from the eye (contagious conjunctivitis—Pink Eye)*
- *Evidence of lice. Please call and notify the school nurse IMMEDIATELY so appropriate cleaning and assessment can be done*

*Thank you for keeping everybody safe and healthy!*